

# NEWSLETTER FOR PASTORAL UNIT 1



## St Nicholas Parish

Mass Times  
Saturday Vigil 6.30pm Sunday 10.00am  
**Parish Live Streaming of Masses**  
from St Nicholas Church; log onto  
<https://www.churchservices.tv/limerickstnicholas>  
or via the parish website; [www.saintnicholasparish.ie](http://www.saintnicholasparish.ie)



## St Mary's Parish

Mass Times  
Saturday Vigil 5.00pm Sunday 11.30am  
Monday to Friday Morning Mass 10.00am  
**Parish Live Streaming of Masses**  
from St Mary's Church; log onto  
<https://www.churchservices.tv/limerickstmaryscatholicchurch>

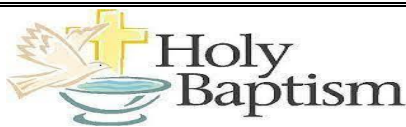
Saturday 9<sup>th</sup> & Sunday 10<sup>th</sup> November 2024

### Clergy Contacts

Fr Richie Davern 0872977500

Fr Gerard O'Leary 0879378685

Salesian Sisters 061-348510



Baptisms are held in **St Nicholas Church** on the 4<sup>th</sup> Saturday in the month.  
Baptisms are held in **St Mary's Church** on the 1<sup>st</sup> & 3<sup>rd</sup> Saturday of the month at 4pm  
*Contact the Parish Office for more information and a Baptism Enrolment form.*

### St Nicholas Parish Office

Open Monday & Thursday 9.30am - 1.30pm  
Email: [saintnicholasparishoffice@gmail.com](mailto:saintnicholasparishoffice@gmail.com)  
Phone: 061-341300

### St Mary's Parish Office

Open Wednesday & Friday 10.30am - 1.00pm  
Email: [stmarysparishlk@outlook.com](mailto:stmarysparishlk@outlook.com)  
Phone: 061-416300

You can contact the office if you wish to book a mass, order a cert or leave in your offerings to support your church. With Sympathy Mass cards & Mass Bouquet cards are available from the Parish Office

### PARISH FACEBOOK:

[www.facebook.com/Saintnicholasparish/](https://www.facebook.com/Saintnicholasparish/)  
[www.facebook.com/p/St-Marys-Catholic-Parish-Limerick](https://www.facebook.com/p/St-Marys-Catholic-Parish-Limerick)

We encourage local groups in the area to avail of the Weekly Newsletter to promote upcoming events

## PARISH NEWS

Please send details for both parishes to [saintnicholasparishoffice@gmail.com](mailto:saintnicholasparishoffice@gmail.com) with NEWSLETTER in the heading

**Our Newsletter is printed every Thursday at 12noon. Items received after this time unfortunately cannot be included**

Information and Support for Birth Mothers whose babies were placed for adoption may e found at [www.birthinfo.ie](http://www.birthinfo.ie) or by calling TUSLA at +353818445500



*We offer our condolences to the family of Anthony 'Tony' Deegan R.I.P. May he rest in eternal peace, Amen*

### Mass Intentions St Nicholas Church

#### Saturday 6.30pm

Tony, Bridget, Pearl, Judie & Gerard O'Dwyer (Anniv)  
Martin & Gladys Dowling (Anniv)

#### Sunday 10.00am

Muirinn Lane Kelly (2<sup>nd</sup> Anniv)



*We offer our condolences to the families of Sr. Pierre O' Connor, St Mary's Convent R.I.P. Michael Carmody R.I.P. Patrick 'Paddy' McDonnell R.I.P. Miriam Rea R.I.P. May they rest in eternal peace, Amen*

### Mass Intentions St Mary's Church

#### Saturday 5.00pm

Marie Power McNamara, Maggie McNamara Heelan, Johnnie McNamara, Teresa, (Anniv & Remb.)  
Tracy Kennedy & Martin Clancy (Anniv & Remb.)  
Sheila Kiely Neville (Anniv)  
Tony Madden (Anniv)  
Cathy O'Callaghan (Anniv)  
Peter & Rosaleen Hayes (Anniv)  
Garry Griffin 'The Sheriff' (Anniv)  
Geroge Stapleton (6<sup>th</sup> Anniv)

#### Sunday 11.30am

Helen McNamara (6<sup>th</sup> Anniv)  
Michael & Angela Byrnes (Anniv)  
John & Mildred O'Connell (Anniv)  
Michael McGrath (11<sup>th</sup> Anniv)  
Brian Ringrose (4<sup>th</sup> Anniv)  
Martin Lyons (Birthday Remb.)

### Prayer for when I can't receive communion

## Act of Spiritual Communion

My Jesus, I believe that You are in the Blessed Sacrament. I love You above all things, and I long for You in my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. As though You have already come, I embrace You and unite myself entirely to You; never permit me to be separated from You. Amen.

### Prayer for the sick

Let us continue to pray for those who are ill at this time, those who are preparing for and awaiting results of tests and those in hospital. Lord Jesus, you are the true friend of all those who suffer anguish and pain in spirit, mind or body. Please share with them now the gift of your consoling love.

### St Nicholas Parish Meditation Group

"...Let us go to a quiet place and rest a while ...."

Our parish meditation group meets every Tuesday at 10.45am in St. Nicholas' Prayer Chapel. Everyone is welcome.



### ADORATION OF THE BLESSED SACRAMENT

St Mary's Church  
Wednesday 10.30am-11.30am  
(after Mass)

### St. Nicholas Flame of Love Cenacle

Tuesday 7.00-8.00pm St Nicholas Prayer Chapel  
New members welcome, under 18's cannot be facilitated until further notice. For more information; [www.flameoflove.ie](http://www.flameoflove.ie) or call Rachel 0857536504.



The total collection for last weekend 2<sup>nd</sup> & 3<sup>rd</sup> November amounted to €915 in St Nicholas Church and €1885 in St Mary's Church

We are very thankful for your continued generosity, and grateful for your loyalty and support.

**Diocesan Needs Collection** next weekend. Money raised from this collection is forwarded to the Diocesan Office and used to fund central support services to parishes of our Diocese. Thank you for your support.

### Making a donation to the church by bank transfer

**St Mary's Church Account**  
IBAN: IE11 AIBK 9352 4794 4621 73 BIC: AIBKIE2D  
**St Nicholas Church Account**  
IBAN: IE84 BOFI 9045 9525 8744 17 BIC: BOFIE2D

### Parish Office Closed

Parish Office will be closed on Thursday 14<sup>th</sup> November

Any items for inclusion in the newsletter (16th/17<sup>th</sup> Nov) will need to be submitted before 12noon on Monday 11<sup>th</sup> November.

### Rediscover Your Natural Breathing

A 1-day workshop on Thursday 21<sup>st</sup> Nov 10am-4pm  
Limerick Diocesan Centre, St College

So many of life's experiences interfere with Mnuchin's our natural breath. Illnesses, especially covid, injuries, grief, etc., all cause habitual holding as we strive to push through. These chronic holdings habits soon limit our ease in breathing and can result in anxiety and a wide range of undesirable conditions. Join us to discover how to gently release these unnecessary restrictions and regain full ease in breathing. To reserve your place in the workshop please go to [www.Embodiedlearning.info](http://www.Embodiedlearning.info)



### In November We Remember

Throughout the month of November, we remember our loved ones who have died. You can return your List of Deceased loved one to the basket in the church and it will be placed in front of the Altar and they will be remembered at all the Masses. If you did not receive a Purgatorial Envelope which included a sheet to write you deceased loved one's names on, they are available at the exit doors.

### Prayers in Mount St Lawrence Cemetery



The following date have been assigned for each parish (Sunday 3.00pm)  
November 10<sup>th</sup> - St Patrick's Parish  
November 17<sup>th</sup> - St Mary's Parish & St Nicholas Parish

### BLOOD DONORS NEEDED

Blood Donor Clinic will be held in the Greenhills Hotel on Monday 11<sup>th</sup> November  
4:20pm - 7.40pm  
New donors welcome  
Please phone 1800 222 111 for appointment

Mr Joseph Cunningham from Raheen will speak at all the Masses next weekend- November 16/17<sup>th</sup>, making his annual appeal for the children Calcutta. Joe will be travel to India in late November and is appealing for donations to help these children.

LIMERICK SOLOISTS PRESENT  
Tracy O'Shea Andrea MacMahon

# CAROLS BY CANDLELIGHT

5th December @ 7pm

@ St. Camillus Church, Shelbourne Road  
Tickets €15.00 available at the door

Contribution will be made to the wonderful  
St. Camillus Activity Centre

Spotprizes to be raffled on the evening